Hector’s Tours

Recommended Packing List

dressy jacket

2-4 shirts/blouses/tops

2 pairs trousers/skirts (shorts?)

3+ pairs socks

3+ pairs undergarments

long (lightweight) underwear

swimsuit

dark (cardigan) sweater

rainwear (umbrella?)

parka, coat, or equivalent

long T-shirt or sarong (nightclothes?)

necktie, scarf, shawl, hairband, bandanna

gloves / mittens

sun hat / knitted cap, hat clip

1 pair dressy shoes (laces?)

1 pair walking shoes/boots (laces?)

flip-flops or sandals

belt

travel pack or shoulder bag  
(& luggage cart?)

daypack (fanny pack? purse?)

lightweight duffel/laundry bag

luggage lock(s) (cable?)

alarm clock/watch (batteries?)

flashlight, headstrap, extra batteries (bulbs?)

knife, screwdrivers, pliers, scissors

spoon (fork? chopsticks? spork?),  
(coffee tin lid) plate or bowl

compass

whistle

door lock

safety pins, cord, fasteners

sewing kit, including large needle  
to accommodate dental floss

(Ziploc®) plastic bags, garbage bags

repair tape (packing tape? glue?)

toothbrush, cap, tooth cleaner, floss

razor, blades, shaving lubricant

comb and/or hairbrush

shampoo, bar soap & container

deodorant

nail clippers

[unbreakable] mirror

viscose towel (washcloth?)

inflatable travel pillow

earplugs (sleep mask?)

sleep sack (sleeping bag?  
bivouac sack? blanket? tent?)

detergent

(surgical latex braid) clothesline (carabiner?)

universal (flat) sink stopper

inflatable hangers [to dry clothes]

toilet paper, water squirt bottle,  
antibacterial wipes

(chemical or mechanical) water purifier

analgesic of choice

diarrhea treatment of choice

infection treatment of choice

malaria tablets

insect repellent, mosquito net

sunscreen, lip balm

tweezers

bandages (other first aid?)

menstrual, contraceptive,  
and/or prophylactic supplies

vitamins, necessary medications

(collapsible) plastic water bottle & cup

dark glasses, retainer, case

lens cleaning cloth/supplies, copy  
of prescription (spare glasses?)

pen(s), small notebook, glue stick  
[for notes, addresses, diary, …]

personal address book (stamps?)

maps, guidebooks, phrase books, Post-it® notes, restaurant lists, membership cards, business/calling cards, telephone access numbers

reading material

large envelopes [to mail things home]

passport, visas, extra passport photos, vaccination certificates

copies of important documents

(international?) driver's license, health insurance information

travel tickets

charge & ATM cards, cash (traveller's cheques?)

2 personal cheques

security pouch [worn under clothes]

Specialty Itemscamera (lenses? flash? tripod? extra cards & batteries? charger? download adapter?)

cellular telephone (charger/adapter(s)?)

travel computer (flash drive? power cord/adapter(s)? network cable(s)?)

jump rope

(solar) calculator

foodstuffs

gifts